# Food in Rotary, the missing ingredient?

THE MAGIC OF ROTARY

Rotary stands united by love, compassion and an unwavering commitment to "Service Above Self." The magic of Rotary is a powerful commitment to real change. Every project, action, donation and new member strengthens Rotary's global impact.

**TOGETHER** we see a world where

**PEOPLE** unite and take action, to

**CREATE** lasting

**CHANGE** across the globe, in our communities

and in ourselves

## We have identified a key area where we can amplify our impact: Food

By focusing on food hubs and food systems, aligning with ongoing research at the University of Leeds, Rotary can make a massive difference locally, nationally and globally. *The good news?* We already have a roadmap to integrating food security in Rotary's areas of focus.



Promoting peace by eating together

Protecting the **environment** by collecting surplus food





Fighting **disease** by eating nutrient rich food

Growing **local economies** by growing high quality produce



ROTARY'S AREAS OF FOCUS



Providing **clean water**, sanitation, hygiene and good food

Supporting **education** by teaching cookery skills





Saving mothers and children with free school meals and healthy start vouchers



While addressing systemic issues is essential for eliminating poverty, food aid remains a crucial lifeline for food-insecure communities. Rotary can play a significant role in this effort, by providing assistance to communities who are experiencing food insecurity:

#### 4 million children

live in households affected by food insecurity in the UK

#### 18% of UK households

are experiencing food insecurity and don't have access to enough nutritious food

Elderly, children and disabled people are badly affected<sup>1</sup>

### FoodSavers at Bingley Community Kitchen

A new **FoodSavers hub** was established in 2022 with support from:



The Soroptimists



The Rotary Club of Bingley and Airedale



The Rotary Club of Bradford Bronte



**Bradford Council** 



Local churches

Bingley Community Kitchen's weekly FoodSavers market has empowered 636 families in the town to select healthy and nutritious food, saving them money on their weekly shop, saving food from going to landfill and helping them save into a recognised credit union scheme.

Members visit weekly and pay a membership fee of just £6.00.

From that, £1 goes to the Credit Union enabling customers to save.2





Bingley Community Kitchen is a shining example of a FoodSavers outlet, promoting behaviour change, choice, dignity, empowerment and financial inclusion for its customers. Through excellent organisation, compassion and respect it is a food hub that inspires many others. ??

- Tess, FoodSavers Network Manager and member of Bradford Bronte Rotary Club

**Through Social Value Engine** calculations, it was determined that the Social Return on Investment for the FoodSavers programme is £17.70 for every £1 invested









#### Could you be a **#RotaryFoodChampion**? Join us at the table

We need YOU to be change-makers in your communities. Whether you want to lead a project, support a local food hub, or advocate for systemic changes in the food system, your role is crucial. Join Rotary's mission to reduce food insecurity - one meal at a time.

Together, let's create a world where no one goes hungry, and every community thrives. Reach out to us and sign up for our newsletter at www.rotaryfood.org or email juli@rotaryfood.org to find out how you can become a **#RotaryFoodChampion** and create #foodforhealthnotwealth.



<sup>2</sup> Evans, J. & Davies, S. (2024) <u>Understanding the role of savings in promoting positive wellbeing.</u> Personal Finance Research Centre, University of Bristol.







